NEWSLETTER FOR PASTORAL UNIT 1



St Nicholas Parish

Mass Time Sunday 10.00am

Parish Live Streaming of Masses

from St Nicholas Church; log onto https://www.churchservices.tv/limerickstnicholas

or via the parish website; www.saintnicholasparish.ie

St Mary's Parish



Mass Times Saturday Vigil 5.00pm Sunday 11.30am Monday to Friday Morning Mass 10.00am **Parish Live Streaming of Masses**

from St Mary's Church; log onto

https://www.churchservices.tv/limerickstmaryscatholicchurch

Saturday 15th & Sunday 16th February 2025 Year of Hope

Clergy Contact Fr Richie Davern 0872977500 Salesian Sisters 061-348510



Baptisms are held in St Nicholas Church on the last Saturday in the month.

Baptisms are held in St Mary's Church on the 1st & 3rd Saturday in the month at 4pm Contact the Parish Office for more information and a Baptism Enrolment form.



St Nicholas Parish Office

Open Monday & Thursday 9.30am -1.30pm Email: saintnicholasparishoffice@gmail.com

Phone: 061-341300 St Mary's Parish Office

Open Wednesday & Friday 10.30am-1.00pm

Email:stmarysparishlk@outlook.com

Phone: 061-416300

You can contact the office if you wish to book a mass. order a cert or leave in your offerings to support your church. With Sympathy Mass cards & Mass Bouquet cards are also available from the Parish Office

PARISH FACEBOOK:

www.facebook.com/Saintnicholasparish/ www.facebook.com/p/St-Marys-Catholic-Parish-Limerick

We encourage local groups in the area to avail of the Weekly Newsletter to promote upcoming events To include your notice, please send details for both parishes to saintnicholasparishoffice@gmail.com with NEWSLETTER in the heading

Our Newsletter is printed every Thursday at 12noon. Items received after this time will not be included

Information and Support for Birth Mothers whose babies were placed for adoption may be found at www.birthinfo.ie or by calling TUSLA at +353818445500



We offer our condolences to the families of Mary Ryan née Kelly R.I.P. Michael McGrath R.I.P. Denis Murphy R.I.P. May they rest in eternal peace, Amen

Mass Intentions St Mary's Church

Saturday 5.00pm

Stephen O'Donoghue (M.M.)

Mary Horton (R.I.P.) London

Gary Healy Coote (2nd Anniv)

Josephine McNamara (4th Anniv)

Michael McNamara 'Gull' (7th Anniv)

Peter & Bridie McNamara (Anniv)

Deceased members of the McNamara Family

Angela & Gretta Quinn (Anniv)

Maisie, Frank & Jude Kinehan (Anniv)

Eugene Forde (3rd Anniv)

Sunday 11.30am

John Cregan (1st Anniv)

Kathleen O'Keeffe née Conran (Anniv)

Joe Sheehan (Anniv)

Sr. Noreen Morton (Anniv)



We offer our condolences to the family of John Bourke R.I.P. May he rest in eternal peace, Amen

Mass Intentions St Nicholas Church

Sunday 10.00am

Thomas Greaney (Anniv)

Prayer for the sick:

Let us continue to pray for those who are ill at this time, those who are preparing for and awaiting results of tests and those in hospital. Lord Jesus, you are the true friend of all those who suffer anguish and pain in spirit, mind or body. Please share with them now the gift of your consoling love.

Prayer for when I can't receive Holy Communion

Act of Spiritual Communion

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.

Parish Pastoral Council meet on a monthly basis. If you would like to raise any items/ issues or suggestions at a meeting, please send by email to the relevant Pastoral Council St Nicholas Parish Pastoral council email: PPCStNicholas@gmail.com
St Mary's Parish Pastoral Council email; stmarysparishlk@outlook.com



The collection for weekend 8th & 9th February amounted to €1817.88 in St Mary's Church this figure includes Shrine donations €820 in St Nicholas Church & €94 Shrine donations.

We are very thankful for your continued generosity, and grateful for your loyalty and support.

Diocesan Needs Collection will be held this weekend. This collection is forwarded to the Diocesan Office and used to fund central support services to parishes of our Diocese.

Making a donation to the church by bank transfer St Mary's Church Account

IBAN: IE11 AIBK 9352 4794 4621 73 BIC: AIBKIE2D

St Nicholas Church Account

IBAN: IE84 BOFI 9045 9525 8744 17 BIC: BOFIIE2D

. St Nicholas Parish Meditation Group

"...Let us go to a quiet place and rest a while"

Our parish meditation group meets every Tuesday at 10.45am in St. Nicholas' prayer chapel.

Everyone is welcome.



ADORATION OF THE BLESSED SACRAMENT

St Mary's Church Wednesday 10.30am-11.30am (after Mass)

St. Nicholas Flame of Love Cenacle

Tuesday 7.00-8.00pm St Nicholas Prayer Chapel New members welcome, under 18's cannot be facilitated until further notice. For more information; www.flameoflove.ie or call Rachel 0857536504.

WIN A TRIP TO MEDJUGORJE

Medjugorje Irish Centre Free Prize draw taking place on 1st April. Prize for one person includes 7 nights B&B, return airport transfer and flights up to €300. To enter go to prize draw page on website www.med-irishcentre.com or email reservations@med-irishcentre.com WhatsApp No: 0038763630604 IRELAND: 0035314434510

Diocese of Limerick

INVITATION TO SING AT THE CHRISM MASS St John's Cathedral on Wednesday 16th April 7.30pm. Fortnightly rehearsal will commence on Monday 24th February - 7.30 pm in Limerick Diocesan Centre, St Munchin's, Corbally. All choral singers welcome - contact your local parish office or Choir Director or St John's Cathedral for a list of music to bring with you

Trees in St Nicholas Church carpark



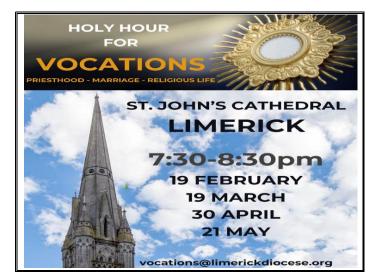
It was brought to the Pastoral Council for consideration that these trees should be removed.

A. They are creating a hiding screen in the carpark for antisocial behaviour, and

B. they obstruct the view for drivers exiting the carpark after Mass/Funerals etc.

If you have any reasonable objection please notify the Pastoral Council in writing. Any correspondence can be emailed to the Pastoral Council at

saintnicholasparishoffice@gmail.com or handed in to Linda in the Office (Mon & Thurs 9.30am-1.30pm) Only signed submissions will be considered.







In the hustle and bustle of daily life, it's easy to forget the power of simply breathing. I invite you to come join me, and remember how to pause, reconnect, and experience the art of gentle breathing in a peaceful, supportive space.

What to Expect:

- Learn calming breathing techniques that help reduce stress and promote mindfulness.
- Deepen your connection to the present moment.
- Enhance your emotional well-being and cultivate inner peace.

Commencing: Monday 11th March 7-8.30pm for 4 weeks

Venue: St. Nicholas Parish Hall, Westbury

Whether you're new to meditation or looking to deepen your practice, this program is for you. Together, we'll explore how the simple act of breathing can transform your mental and physical state, bringing clarity and calm to every part of your life.

Come join me and discover the power of breath. Feel free to reach out with any questions or to register interest:

sharon@thegentlelifestyle.com

087-2713921